

Offender Name: Sterling D. Allan

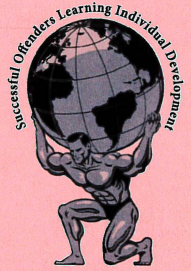
Offender #: 228033

Section: B2-1 101A

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S.O.L.I.D.

"Change by Culture"



Individual Development Plan

I.D.P. Phase 3

What progress have you made on your Short-Term and Long-Term Goals? I've put much thought, prayer, effort into my goals and have made some progress. But their achievement has proven far more difficult than I had anticipated; and I've realized how large they are in potential impact for good, thus deserving of significant struggle.

Set 1-3 NEW Short-Term Goals.

1. Prepare & submit to Capt. Karic: "Public Affirmation Methodology For Addiction Recovery"
2. Continue preparing elective class: "Finding & Embracing Your Life ^{La} Balling" (e.g. taking CYS & Life Coach classes)
3. (A) Launch "Extemporaneous Ensemble Hymns" class/choir; (B) Weekly Concert; (C) expand Wed. night Don Robinson Choir.

How are the S.O.L.I.D. Program and its community still benefiting your personal growth?

Many opportunities to develop social skills, service, kindness, courage; develop leadership skills in a non-obstructive way.

What and how are you giving back to your community? All-in, synced up.

• Daily news of high quality to get people to think about key issues of our day; • Giving good seminars; • making good comments; • attending nightly prayer circle; • Fostering pleasantness and excellence.

What can the S.O.L.I.D. Program and its community Leaders do to continue to help you to grow?

^{Su} Support my 3 goals above. Realize that I have a lifetime of preparation for this program and have a massive contribution; and not be offended or intimidated by my zeal, but be uplifted / inspired by it.