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# My Application to UCSF's S.O.L.I.D. Therapeutic Community

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Yesterday evening, I composed and submitted an application to the prison's new (w 6 mo) Successful Offenders Learning Individual Development therapeutic community program. It occupies an entire housing building complex, Bear 2, that can house up to 448 inmates, with two sections with cells of two inmates, each two sections with pods of 6 inmates (which is the type of housing I've been in the most here in the new prison), and two sections of the dorm setting (two floors of open, non-bunked beds, each with a desk and stool).

Here is the opening text of their application form on our tablets:

"We are excited to offer you the opportunity to participate in the Bear 2 peer run, staff supported community, a transformative initiative fostering rehabilitation and personal growth within UCSF.

This entirely voluntary program provides a unique environment emphasizing community support, skill-building, and individual accountability. Your commitment to positive change and personal development aligns with

our program goals.

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To be considered, kindly submit a Letter of Interest below addressing the following:

1. Motivation for joining the S.O.L.I.D. program.
2. Envisioned benefits from the program and contribution to the community.
3. Specific goals for participation.
4. Commitment to program guidelines and regulations.

The form features an image of an Atlas-type figure holding the planet/globe, with the S.O.L.I.D. spell-out around it. I see this conveying how each of us is tasked with playing our <sup>unique</sup> part in the body of Christ to help the world be a better place (to bring heaven to earth).

Can you see the alignment here with what I've been promoting/advocating for years? Here is a copy, of verbatim, of what I submitted for my application to be part of this program.

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### Application to S.O.L.I.D. Program

Nearly a month ago, I had a flash of inspiration about a possible major reform of the penal system worldwide. If an offender on the outside proactively steps forward to confess their offense(s), e.g. to an ecclesiastical leader or therapist, wanting to turn their life around through the needed therapy, rehabilitation, reform [reparance] (corrections); then they should be housed separately among others with a sim-

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ilar motivation—not thrown in among general prison population.

Then, yesterday, coming back from an audiology appointment, waiting in the holding cell, two inmates [from B2] who knew me before, recommended I go to B2 where the SOLID program is, and teach, organize, oversee, participate--.

Looking at the description on the application form on the tablet, I see that you seem to be already doing something along the lines of the brain-storm I mentioned above. (Did my friend, UT Sen. Darren Owers, play a role in the launch of SOLID?)

I'd love to be part of this pioneering effort. I'm an entrepreneur/founder at heart, having launched several organizations (American Study Group, 1992; David's Outcasts Forum, ~1998; Remnant Saints Intercontinental Congress, 2001; Face Energy News and Directory, 2001; Safe Haven Villages, ~2012).

Also along the lines of SOLID, see the editorials I wrote:

- 8/17/2022 "Bill to Enable Prison Staff<sup>+</sup> to Release Excellent Prisoners" (Release should be based on milestones achieved, not time served.) (UT Sen. Owers agreed with this proposal in the second visit we had here.)
- 11/11/22 "Create Military Release Training Program" (To help vets transition to successful civilian life.)

- 7/27/23 "How Type 1 Diabetics Can Achieve  
a Good A1c in Prison" (also published at Prison  
Health News > Issue 55 Winter 2024 pp. 4-5)

These are available on my website, [IndCom.org](http://IndCom.org) >  
Editorials. (See site "Intro" page before reading "Blogs"  
index or my book.)

Here in prison (8<sup>th</sup> yrs.) I've always kept myself  
very busy, writing ~6pp/day on ave., so I'm not looking  
for additional ways to occupy my time. I would need  
to be excepted e.g. from the SOLID requirement of  
3 hrs./day of classes/seminars. I would like to be  
able to audit (sit in) any of the classes under way as  
dictated by inspiration, coming and going, not required  
to stay, if that's feasible, in order to be able to sur-  
vey & sample what is being offered, and how it's  
being taught & received.

A main reason that I need to be excepted  
from the requirement to attend 3 hrs./day is that  
my main endeavor right now (self-employed) is pro-  
ducing my "Sterling Daily" synopses/highlights &  
commentary on the news, shows, movies, Institute  
(& SOLID learning in coming days?). So, I need to be  
able to watch TV/radio as I multitask writing reports  
on the previous day's material. You can see these on my  
site under "Daily".

A main thrust of my book (written in prison) is  
to encourage people to find and embrace their unique  
calling in life, ~~for good all-in~~, for good, and to  
sync up with divine wisdom in all they do. It

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seems that SOLID has a similar / compatible objective.

IF I encounter rules / guidelines / regulations that are contrary to common sense / goodness, if needed, I endeavor to work through established channels to improve them.

I would love to help optimize SOLID to become a beacon for the world,

"IMAGINE person staff members who love their jobs and the satisfaction they get in helping inmates heal broken lives and return to society anxious and ready to become model citizens."

— Sterling D. Allan 5/17/2018

</ end of application text >

< 8/23 >

Accepted & Moved to B2 S.O.L.I.D.

< 11240 am > Well, apparently the screeners liked what I said. Less than 24 hours after submitting the application, I was in/moved to B2.

My first impression after receiving an orientation by Sgt. Burton, then Building Executive Coordinator (Inmate), Brandon; and混ing for a few hours (sporadically) with a few inmates; is that though still a bit rough, this program is quite compatible with what I envision. The ground work has been laid to make a phenomenal program possible.

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My first task will be to acclimate myself to what has been set up, toning down my inclination to chime in with suggestions. I also need to do a lot more brainstorming about what an ideal program will look like.

A large obstacle will be the "separation of church and state" sentiment that tends to get exaggerated to the point of not being able to even mention God. People tend to be so paranoid on this point that they remove God from the equation. No reform program can be effective without divine guidance, assistance, reprimanding (conscience), motivating influence, repentance, forgiveness.

A huge downside here is a dearth of "music" practice time. The schedule shows <sup>3</sup> <sub>2-hr</sub> hour-long slots during the entire week. Remedying that will be a high priority for me. In B4, there were two one-hour <sup>"music"</sup> slots ~~MT-Sa~~, and another Th. evening, so I was able to practice/play on how most days. I love music. It's a huge part of who I am. The pianos are there, we just need permission / access. This is a bureaucratic challenge.

One main attribute here that is unlike anywhere else I've been <sup>is that</sup> in person. Generally speaking, people are friendly, reaching out to welcome the newcomer (except in my pod, which was very chilly (7 other podmates)).